

Easterbrook Farm **EF** active care

Regulated by



Inspected and rated

Good



A FARM-BASED, friendly group of housemates with learning disabilities sharing similar interests.

Housemates are supported by experienced, trained & skilled staff to achieve personal objectives and lead fulfilling, active lives in a beautiful, rural environment.

ACTIVITY programmes are tailored to individual likes, ability & aspirations.

HOUSEMATES live in three separate, comfortable houses grouped around a farmyard.



MEALS are prepared by our in-house cook, with the assistance of a different housemate each day, using our own fresh homegrown produce whenever possible.

HOUSEMATES enjoy stimulating 'On & Off-site' activities throughout the year!



www.easterbrookfarm.co.uk

Typical Activities at Easterbrook

Farm Experience & General Maintenance

- Grass Cutting
- Hedge Row Maintenance
- Painting
- Woodland Upkeep
- Fence Upkeep
- Clearing River Ways
- Animal Care – Chicken Care
Feeding, Cleaning Out, Egg Collecting
- Pony Care – Feeding, Clearing Field & Yard,
Grooming
- Beekeeping
- Horticulture/Gardening – Weeding
- Planting Flowers, Vegetables &
Fruit Bushes/Trees
- Poly Tunnel Maintenance
- Harvesting Crops
- Clearing & Sweeping
- Preparing Produce To Sell



Cooking & Meal Preparation

- Cake baking
- Making Chutneys & Jams With Our
Own Produce
- Preparing Produce To Freeze

Daily Living Skills

Cleaning

- Individuals Own Bedrooms
- Communal Living Spaces

Arts & Crafts

- Woodwork
- General handicrafts and painting
- Projects such as making Greetings
Cards, Kites and decorations

Nature Studies

- Pond Watch
- Woodland Observation
- Bird Watching

PCP Work with Key Worker

A wide Variety of Work Experience

- Conservation at Sticklepath
- Music Shop
- Local Garage
- Exbourne Village Shop



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General Activities & Leisure

Current General Activities

- Horse Riding on the Moors
- Fencing
- Drama Club
- Swimming
- Pub Trips
- Skittles
- Fishing
- Personal Allotments
- Car Boot Sales
- Puzzle Tree Disco
- Personal Shopping
- Household Shopping
- Cinema
- Local Events/Shows
- Fun Days
- Coffee Mornings
- Circus & Fun Fair (When In Town)
- Concerts
- Carnivals
- Table Tennis
- Bowls
- College Courses
- 2:1 Days
- Aerobics/Dancing/Disco/Clubbing



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 Care Quality Commission

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 Devon. EX20 3QY Tel: 01837 851 674**

Projects & Group Activities



Building a Bio-Toilet in our woods



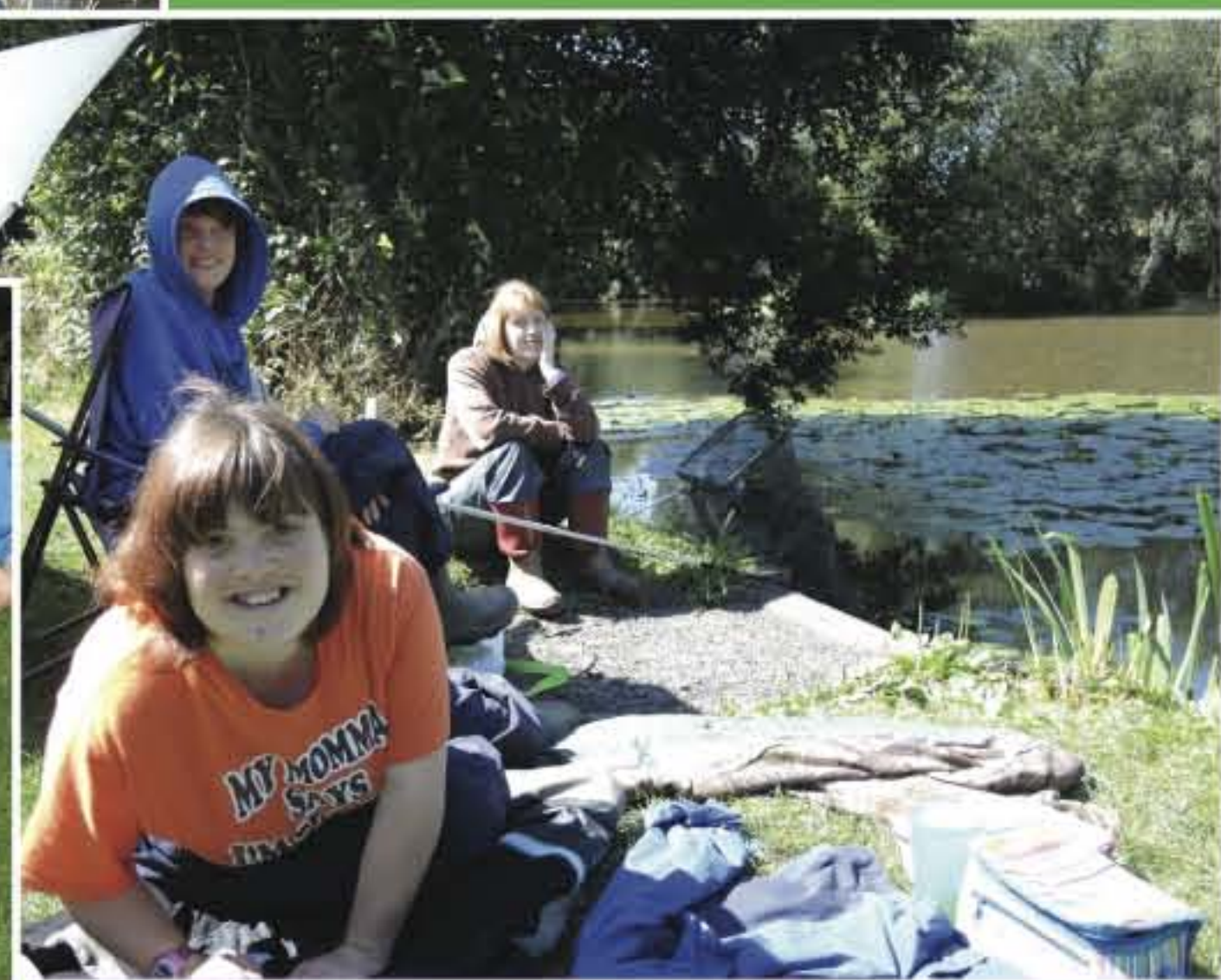
Woodland Management



Cider Pressing



Holidays



Fishing



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**CareQuality
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Music & Musical Theatre

Drama with The Get Changed Theatre Company



Flash Gordon

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Swing Dance



Get Back To The Future

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Good



The Emperor's New Clothes



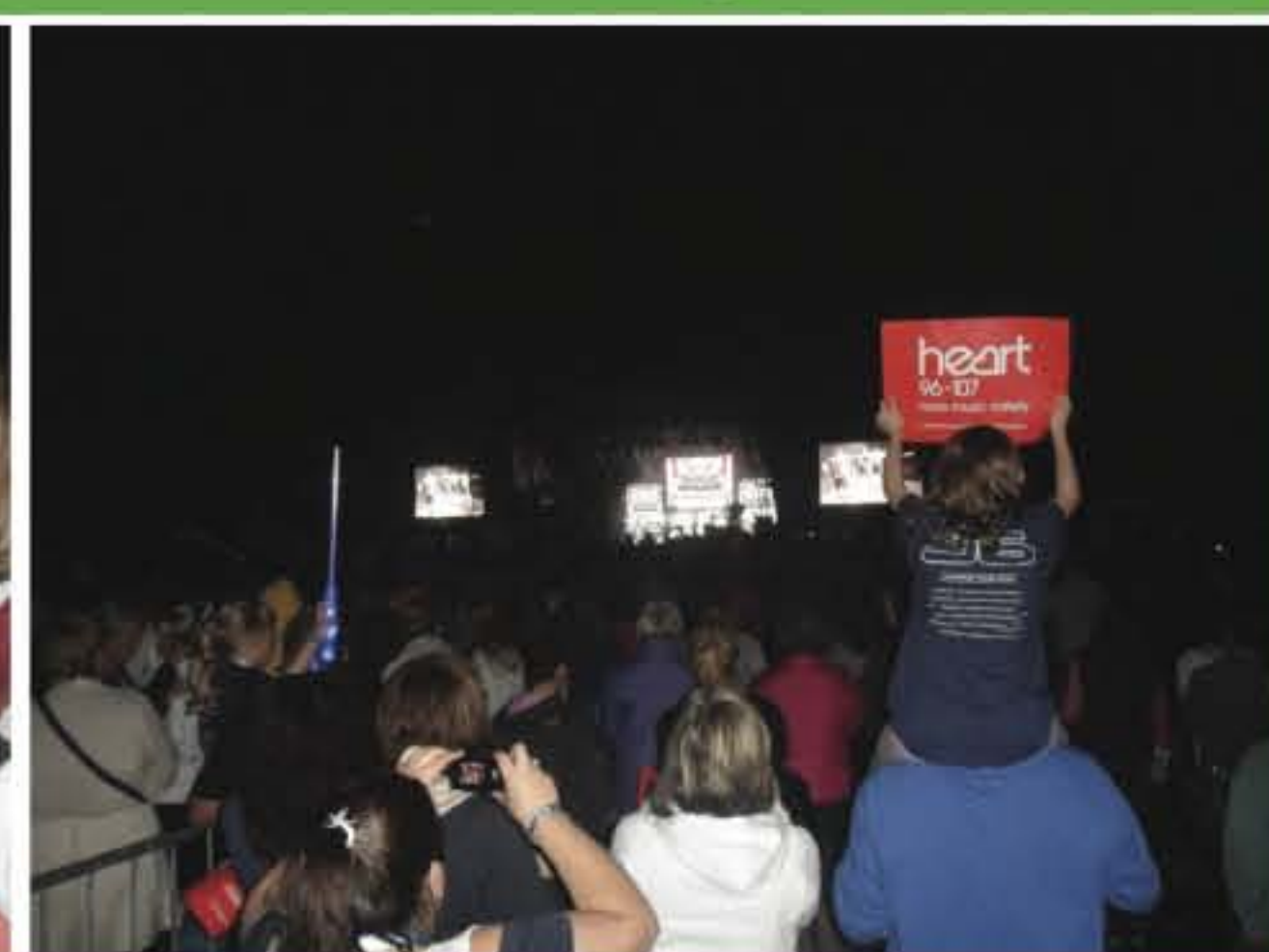
Music & Performance with Soundwaves

RESPECT Festival, Exeter



Trips to Concerts

JLS @ Powderham Castle



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3 interesting properties grouped around a farmyard in a safe, relaxing environment.

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The Farmhouse:

- Ancient
- Partly thatched
- Original features
- Four bedrooms
- Lounge
- Dining Room
- Main Kitchen
- Staff Sleep-in Room.



The Granary:

- Seven individually designed, ensuite bedrooms
- Lounge
- Kitchen
- Laundry
- Staff Sleep-in Room

The Shippen:

- Two ensuite bedrooms
- Shared Bath Room
- Lounge/Kitchen/Diner
- Staff Sleep-in Room



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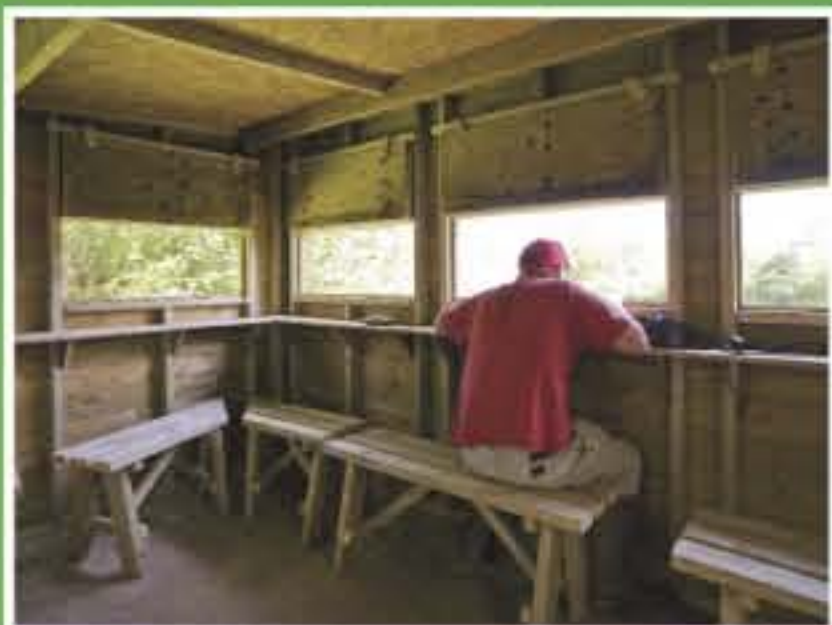


Woodland:

- Over 29 acres of delightful woodland
- A place to learn about Nature
- Wild Roe Deer & Red Deer
- Wild Orchids
- A hide from which to study the wildlife

'Hole Brook':

- Fish
- Kingfishers
- Abundance of wildlife



Polytunnels, Outbuildings & Livestock:

- Two polytunnels
- Greenhouse
- Covered Growing Area
- Very large Soft Fruit Cage
- Individual Allotments
- Chickens
- Dartmoor Ponies
- Bees
- Woodwork Room
- Boot Room
- Gym
- Barns



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